

Grief & Bereavement Resources

Alberta Health Services – Community Addictions and Mental Health Phone: 780-679-1241

Counseling for adults, children & geriatric population

4911 – 47 Street, Camrose, AB

Toll Free: 1-866-332-2322

Mental Health HELP Line: 1-877-303-2642 (24 hours)

Covenant Health St. Mary's Hospital Phone: 780-679-6131

Outpatient Walk In Clinic Hours: Tuesdays only 8:30am – 4:00 pm

No appointment required. Offers assessment, individual psychotherapy, referral as appropriate

For Traumatic Loss

In cases of traumatic loss, the RCMP or City Police will involve "Victim's Services"

Other:

- The Support Network (for suicide bereavement support) Phone: 780-482-0198
- Victims of Homicide (support for families) Phone: 780-472-8958

For Grieving Parents

- HEARTS - Helping Empty Arms Recover Through Sharing Phone: 780-464-3217
(Baby loss support program for anyone touched by loss of baby in pregnancy or just after birth.)
- SIDS Foundation (sudden infant death) 24 hr Support Line 1-800-363-7437
- "Compassionate Friends" or "Grieving Parents Association"
Edmonton Phone: 780-451-5381 Sherwood Park Phone: 780-467-1580

For Grieving Children

- STARFISH Family Resources (Rainbows Society of Alberta) Phone: 780-448-1180
- Pilgrim's Hospice – Death and Grief Support for Children and Teens Phone: 780-413-9801

Grief and Bereavement Support Groups

- Bereavement Support Group St. Mary's Hospital, Camrose, Alberta Phone: 780-672-2176
- "Good Grief" Program @ Killam Knox United Church Phone: 780-385-3976

Grief and Bereavement Support Individual

Edmonton Bereavement Center Phone: 780-454-1231

Pilgrim's Hospice Phone: 780-413-9801



This list of resources is courtesy of the Camrose Primary Care Network. For a more comprehensive list as well as a list of qualified counselors, see Alberta Health Services ROSE book (Resources of Support in Central Zone –East), available through your PCN Family Doctor or the PCN office. To be added or removed, please contact us at 780-608-4927.