

YOUR HEALTH HOME INCLUDES THE CAMROSE PRIMARY CARE NETWORK

CAMROSE PRIMARY CARE NETWORK PROGRAMMING

(DR) Requires a doctor referral. Talk to your family doctor to access.
(SR) Self referral. Contact 780.608.4927 to access. Geriatric, obstetric & newborn care programs call 780.672.5034.

PREVENTION & CHRONIC DISEASE MANAGEMENT

ATRIAL FIBRILLATION 60sec pulse check completed at PCN visits to help identify patients with Atrial Fibrillation, with the goal of reducing strokes.

RISK REDUCTION PROGRAM Team of healthcare professionals working together to provide specialized support for clients with chronic and/or complex health issues such as diabetes, high blood pressure, COPD, weight management and high cholesterol. **(DR)**

BEHAVIORAL HEALTH CONSULTANT Provides short term counselling, addresses financial barriers by referring and educating about available resources, and advocates and supports patients to reach health & wellness goals. **(DR)**

PHARMACIST Provides medication reviews, medication/medical device teaching, narcotic risk assessment and drug information. Provides support to the Risk Reduction Program. **(DR)**

DIETITIAN Nutritional assessment, education & counselling for adults with a variety of short term/chronic medical conditions. Provides support to the Risk Reduction Program. **(DR)**

EXERCISE SPECIALIST Provides exercise assessment & instruction to people experiencing exercise challenges related to chronic disease, as well works with seniors 65+ who are at risk of falling. **(DR)**

CANCER SUPPORT Provides assistance to find accurate and credible information, guidance through physical, emotional, and financial challenges that come with a cancer diagnosis. **(SR)**

GET OUT GET ACTIVE An annual campaign to keep people motivated and active using an online program for people to track their steps and their fitness activities. **(SR)**

ALBERTA SCREENING AND PREVENTION PROGRAM A physician clinic program which works toward ensuring patients are attached to a family doctor and to improving regular health screening.

COMMUNITY ADDICTION AND MENTAL HEALTH Partnering with AHS in providing a variety of assessment, treatment and consultation services for addiction & mental health services. **(DR)**

GERIATRICS

GERIATRIC ASSESSMENT PROGRAM A program for seniors 65+yrs experiencing chronic, complex health issues (i.e. cognitive/behavioral concerns, decreased functioning, falls, mobility issues incontinence, and medication review). **(DR)**

FALL PREVENTION PROGRAM A program for senior's 65+yrs who are at risk for or experiencing falls or fall related concerns. **(SR)**

WOMEN'S HEALTH, OBSTETRICS & NEWBORN CARE

PRENATAL CLINIC Multidisciplinary team with specialized training in obstetrics offering prenatal care to assist you through your pregnancy. **(DR)** Partner with Public Health to provide early bird prenatal classes **(SR)**

CAR SEAT INSPECTION/EDUCATION A nurse specially trained to provide car seat education and inspection. **(SR)**

NEW MOM'S NETWORK A series of six weekly group sessions for new moms of infant's age six weeks to six months to receive information and build a network of resources and support. **(SR)**

PALLIATIVE & END OF LIFE CARE

PALLIATIVE CARE SUPPORT In collaboration with community stakeholders, provide access to local palliative programs and services. **(SR)**

GRIEF & BEREAVEMENT WORKSHOPS Workshops for people who are coping with grief and loss, and those interested in grief support. **(SR)**

Ask at your doctor's office if you are part of the Camrose PCN.

They can help you to explore programs and services within your **HEALTH HOME** that may be right for you!



CAMROSE | BASHAW | DAYSLAND
FORESTBURG | HARDISTY | TOFIELD

BASHAW | CAMROSE | DAYSLAND | FORESTBURG | HARDISTY | TOFIELD
780.608.4927 WWW.CAMROSEPCN.COM camrosepcninfo@camrosepcn.com



CAMROSE | BASHAW | DAYSLAND
FORESTBURG | HARDISTY | TOFIELD

What is the Camrose PCN?

- ✓ **Patient centred** around **you**!
- ✓ Led by **your family doctor** who works together with healthcare professionals
- ✓ A **team based** approach looking at the big picture for **you** to get help about:
 - understanding your diabetes
 - struggling with weight
 - high blood pressure
 - keeping your heart healthy
 - mental health/moods
 - reviewing your medications
 - prenatal care
 - being a new parent/ car seats
 - grief & bereavement support
 - learning to exercise
 - balance problems/ falling
 - signs of memory loss



End result = Research shows that having a family doctor and seeing them regularly **as part of your HEALTH HOME...**

- ✓ Keeps **you** healthier as you age
- ✓ Helps **you** live longer
- ✓ Helps prevent future illness
- ✓ Catches problems early before they get serious
- ✓ Helps keep **you** out of the hospital

OUR VISION

The Camrose Primary Care Network exists to meet the primary healthcare needs of Camrose and area through collaborative, comprehensive team based patient care.

OUR VALUES

- | | |
|------------------|---|
| Teamwork | Sharing skills and talents to achieve our vision |
| Integrity | Treating everyone with dignity and respect |
| Quality | Continuously improving primary healthcare services over time |
| Community | Forming partnerships within the community to enhance continuity of care |



We are **46** Camrose PCN family doctors and **30** Health Care Providers serving over **35,000** people, are located in the communities of:

**Bashaw ♦ Camrose ♦ Daysland ♦
Forestburg ♦ Hardisty ♦ Tofield**

Camrose Primary Care Network Administration
Room 1109, Suite 4 Camrose Recreation Centre
4512 - 53 Street Camrose, Alberta T4V 4E3
780.608.4927 camrosepcninfo@camrosepcn.com
www.camrosepcn.com



CAMROSE | BASHAW | DAYSLAND
FORESTBURG | HARDISTY | TOFIELD

You, Your Health Home and the
Camrose Primary Network (PCN)



- ✓ Where **you** visit your **family doctor**
- ✓ Where **you** receive **education** and **support**
- ✓ Where **you** have access to health programs and services that are **coordinated** for **you**
- ✓ Where **you** don't have to re-tell your **health story** every visit