

## **Grief and Bereavement Resources Camrose and Area**

<b>Type of Support</b>	Organization	Description	Contact
For Traumatic Loss	Victim Services Camrose RCMP	In cases of traumatic loss	<b>780-672-3342</b> Camrose
	Victim Services City of Camrose Police	In cases of traumatic loss	<b>780-672-4444</b> Camrose
	The Support Network	Suicide Bereavement Support Offers information packages, one-on-one support, family and group debriefings, and adult and children support groups. All services are no fee.	780-482-0198 www.thesupportnetwork.com Edmonton
	Victims of Homicide	Support for families	780-472-8958 www.victimsofhomicide.ca Edmonton
	Salvation Army Family Services	Special support is given where death has resulted from suicide. No fee.	780-424-9222 www.ab.salvationarmy.ca Edmonton
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For Grieving Parents	HEARTS (Helping Empty Arms Recover Through Sharing)	Baby loss support program for anyone touched by loss of baby in pregnancy or just after birth.	780-464-3217 www.heartbabyloss.ca Edmonton
	SIDS Foundation	sudden infant death	<b>1-800-363-7437</b> 24 hr Support Line
	Compassionate Friends of Canada	For parents, relatives and friends when there has been the death of a child, at any age, and of any cause.	1-866-823-0141 www.tcfcanada.net
	Grieving Parent's Society of Edmonton	For parents, relatives and friends when there has been the death of a child, at any age, and of any cause.	780-451-5381 www.grievingparents.ca

For Grieving Children	STARFISH Family Resources	Supporter of Rainbows programs in northern & central Alberta for children experiencing loss/grief due to death, separation or divorce)	780-448-1180 Toll free 1-800-416-4673 www.starfishfamilyresrouces.o
	Pilgrim's Hospice	"Expressive arts Children and Teen Support Group"  Death and Grief Support for	<b>780-413-9801</b> Edmonton
	YWCA	Children and Teens Individual, family, couple counselling and counselling for children. An intake assessment is required for a sliding scale fee	780-423-9922 ext 222
Grief and Bereavement Support Groups	Covenant Health St. Mary's Hospital	Bereavement Support Group offered 3 times per year for 8 weeks. Cost is free. Pre registration required.	780-679-2793 Shelly.Dalueg@covenanthealt h.ca Camrose
	Good Grief Program	Adult Bereavement Support Group	<b>780-385-3976</b> Knox United Church Killam
	Messiah Lutheran Church	Monthly Faith-based Grief Support Group	780-678-7830 bev@copewithgrieving.com Camrose
	AKASU Palliative Care Society	Grief Support Group	780-632-3331 akasupalliativecaresociety@g mail.com Vegreville
	Pilgrim's Hospice	Adult Bereavement Support Group	780-413-9801 www.pilgrimshospice.ca Edmonton
	Southeast Edmonton Seniors Association	Drop-in support program for seniors age 55 and older. Annual Membership is \$30.00.  Monthly widows support	<b>780-468-1985</b> Edmonton
	St.Albert Bereavement Fellowship	group Grief information evenings, social events and group support. \$10.00 Annual Membership.	780-460-4215 www.stalbertbereavement.com

Grief and Bereavement Support Individual & Family	Alberta Health Services Community Addictions and Mental Health	Counseling for adults, children & geriatric population	780-679-1241 Toll Free: 1-866-332-2322 Mental Health HELP Line: 1-877-303-2642 (24 hours)
	Covenant Health St. Mary's Hospital	Walk In Clinic Tuesdays 8:30am – 4:00 pm No appointment required. Offers assessment, individual psychotherapy, referral as appropriate	<b>780-679-6131</b> Camrose
	Edmonton Healing Center for Grief and Loss	Individual, group support and education to people grieving loss through death or supporting others who are grieving.  Spouseless House: A support program for grieving widowers: An eight week group offered to men who have experienced the	780-454-1194 Ext. 224 www.jfse.org Edmonton
	Pilgrim's Hospice	death of a life partner. We provide a place where men learn practical skills for living on their own, as well as dealing with loss and grief. Fee: \$50.00 for series.  Adult Counselling Services	780-413-9801
		Fees vary from program to program.	Adult Counselling Services & Spiritual Care Coordinator ext. 307  www.pilgrimshospice.ca Edmonton
	Catholic Social Services	Provides individual and family grief counselling, as well as New Beginnings, a weekend program for widowed, divorced and separated individuals	780-432-1137 Counsel Line: 780 420-1970 www.catholicsocialservices.ab. ca Edmonton
	The Support Network Community Services	Referral Service	<b>780-482-5198</b> Edmonton

	Cornerstone Counseling Centre	Provides individual and family grief counselling. Payment is on a sliding scale. Faith based counseling offered.	<b>780-482-6215</b> Edmonton
	Community Counselling Centre	Individual, couples and family counselling in grief, loss and other issues	<b>780-482-3711</b> Edmonton
	HIV Network of Edmonton	Support and counselling following an AIDS death. No fee.	<b>780-488-5742</b> Press "1" Edmonton
	Inner City Pastoral Ministry	Provides bereavement counselling. No fee.	780-424-7652 Edmonton Bissell Centre
	Walking Through Grief Society	Individual support and group support, education and awareness	<b>780-846-2576</b> Vermilion
			<b>780-846-2576</b> Kitscoty
			<b>780-846-2576</b> Wainwright
			<b>780-846-2576</b> Lloydminister
	Salvation Army Family Services	Bereavement counselling for families and individuals.	780 424-9222 www.salvationarmy.ca/alberta Edmonton
Print Materials	Alberta Funeral Service Association	<ul> <li>Funerals: An Information Guide</li> <li>Yours, Mine and Our Children's Grief</li> </ul>	403 342-2460 Toll Free 1-800 803-8809 Red Deer, Alberta: inquiry@AFSA.ca
	Alberta Health Services/Covenant Health	<ul> <li>Grieving: "Our Time"</li> <li>Grieving after a Death: Information for Families and Friends Re-order number CH-0236</li> <li>Are You Working Through The Layers of Grief? Re-order number DE 298</li> </ul>	780-679-6100 Reorder through pastoral care at Covenant Health St. Mary's Hospital

	Park Memorial Funeral Home	<ul> <li>Customs and Traditions in Times of Death and Bereavement</li> <li>A variety of brochures available ie. "helping Yourself heal when someone dies, when a spouse dies, when a sibling dies, when a friend dies, when a child dies,"etc</li> </ul>	780-426-0050 Toll free 1-800-822-3526 www.parkmemorial.com
	Alberta Funeral Services Regulatory Board	Funeral Planning in Alberta	Toll free 1-800-563-4652 <u>www.afsrb.ca</u>
	Alberta Health	Saying Farewell "A guide to assist you with preplanning and with the death and dying process."	Toll free 1-877-644-9992 www.health.alberta.ca
	Comprehensive Tissue Centre	Tissue Donation     Brochure	780-407-7510
Grief Education	Camrose Primary Care Network	Grief and     Bereavement     Workshops     Behavioural Health     Consultant      Mental Health     Liaison Program	780-608-4927 www.camrosepcn.com Camrose
	Hospice Society of Camrose and District	Provide education for palliative volunteers. "Being with the Dying" education program. Resource library	780-608-0636 camrosehospice@gmail.com Camrose
Video's	Death of a <b>spouse</b> "Uncoupled" <a href="https://www.youtube.com/watch?v=" nl9fabokys"="">https://www.youtube.com/watch?v="NL9FaBoKYs"&gt;https://watch?v="NL9FaBoKYs"&gt;https://watch?v="NL9FaBoKYs"&gt;https://watch?v="NL9FaBoKYs"&gt;https://watch?v="NL9FaBoKYs"&gt;https://watch?v="NL9FaBoKYs"&gt;https://watch?v="NL9FaBoKYs"&gt;https://watch?v="NL9FaBoKYs"&gt;https://watch?v="NL9FaBoKYs"&gt;https://watch?v="NL9FaBoKYs"&gt;https://watch?v="NL9FaBoKYs"&gt;https://watch?v="NL9FaBoKYs"&gt;https://www.youtube.com/watch?v="NL9FaBoKYs"&gt;https://www.youtube.</a>		
	Death of a <b>parent</b> "Dearly loved" <a href="https://www.youtube.com/watch?v=ioRFqJaPhqc">https://www.youtube.com/watch?v=ioRFqJaPhqc</a>		
	Death of a <b>sibling</b> "A family disrupted" <a href="https://www.youtube.com/watch?v=ijXvaL1YDF0">https://www.youtube.com/watch?v=ijXvaL1YDF0</a>		
	Death of a <b>child</b> "Out of order" <a href="https://www.youtube.com/watch?v=yzaMEAQ7Fnl">https://www.youtube.com/watch?v=yzaMEAQ7Fnl</a>		

This resource has been contributed by the following **Camrose and Area Palliative Care Community of Practice Partners**: Alberta Health Services, The Bethany Group, Covenant Health, Camrose Hospice Society, Camrose Primary Care Network