

Do you have a child ages 2 to 4 years?

FREE!



MEND

AGES 2 - 4

FREE!



FREE!



FREE!



A FREE healthy lifestyle program for children ages 2 to 4 years and their families

10 sessions of fun family activities, information and active play to help you and your children lead fitter, happier, healthier lives!

For more information call
1-866-406-LINK(5465) or visit
www.albertahealthservices.ca/MEND.asp



For more information or to register please call the
Camrose Family Resource Centre at 780-672-0141

Program starts February 1

