



SUPPORT FOR THOSE FACING BEREAVEMENT AND GRIEF

We all face loss, eventually.

This workshop is for:

- People who are coping with grief and loss
- Support People (friends, co-workers, family, health care providers)

When

Saturday, April 28th, 2012

Edgeworth Center Community Room #3

9:00 am to 3:30 pm

Cost: Free

What to Expect

Participants will learn:

- The difference between Bereavement, Grief and Mourning
- Stages of Grief
- Common Symptoms of Grief
- Coping with Grief; and
- How to Access Appropriate Community Resources

Registration

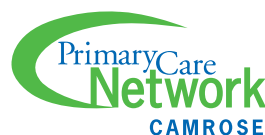
To receive more information or to register, please contact the Camrose PCN at **(780) 608-4927** or visit **www.camrosepcn.com**

Space is limited so call today.

Registrations will be taken until April 25th.



www.camrosepcn.com



Camrose PCN

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